



# THE ILLINOIS WING RECAP!



*Where Imagination Takes Flight*

Mar 2019

## Summer Encampment 2019!

There are still several openings for cadet staff for this year's summer encampment, which will be held from July 20-27 at the National Guard training area near Marseilles, Illinois. Captain McDowell, the encampment commander, has revised the experience and grade requirements for cadets wanting to apply for staff positions. Many cadets who may have been ineligible to apply previously may now be able to do so with these revised requirements.

Please visit the newly revised summer encampment website at [www.ilwgsecap.org](http://www.ilwgsecap.org) to learn more about encampment, including a video (see below) from last year's encampment, highlighting the week's activities. We encourage cadet leaders to apply for staff. The leadership, problem solving, and networking experiences learned at the unique encampment environment will only aid them in their future endeavors, whether they are in CAP, the military, or civilian career fields.

If you were on the fence about applying, now is your chance! Please visit <http://www.ilwgsecap.org/cadet-staff> for updated requirements and application window. Applications will be accepted until all required positions are filled. Please direct any questions to Capt McDowell or the general encampment email address at [summer.encampemnt@ilwg.cap.gov](mailto:summer.encampemnt@ilwg.cap.gov) Thank you for your continued support of the Illinois Wing Cadet Program and Summer Encampment.

Summer Encampment has openings for Senior Member Training Officers and other staff positions.



Video by Capt John Wenzel

### **Illinois Wing Safety Pledge**

***I pledge to promote a safe environment surrounding me at all times and to protect all Civil Air Patrol assets. I will perform in a professional and safe manner at all times and will hold myself accountable for my actions in all of our Missions for America.***

**Integrity / Volunteer Service / Excellence / Respect**

LINKS OR REFERENCE TO AN INDIVIDUAL OR COMPANY DOES NOT CONSTITUTE AN ENDORSEMENT OF ANY INFORMATION, PRODUCT OR SERVICE OFFERED.



# Commanders Corner

## CORE VALUE OF THE MONTH: VOLUNTEERISM

It seems fitting that since this is National Volunteers Week to talk about Volunteerism.

### Volunteerism is.....

#### The bedrock our organization was built upon.

vol·un·teer

*noun*

a person who freely offers to take part in an enterprise or undertake a task.

*verb*

freely offer to do something.



#### General. Jimmy Doolittle said this about Volunteering:

### “There’s nothing stronger than the heart of a volunteer.”

And he should know since he recruited more than 100 volunteers and informed them that were needed for “a very hazardous mission.” During WWII A group forever more known as The Doolittle Raiders

The [CAP Core Values Guide](#) says this about Volunteer Service

CAP adopted this core value because it reflects the very essence of the organization—service to humanity. All CAP volunteers willingly give of their time, energy, and personal resources. Moreover, many have made the ultimate sacrifice by losing their lives while serving their neighbors. As a minimum, this core value implies a commitment on the part of all CAP members to place the organization’s purposes first and foremost. This process starts with the member’s agreement to obey the rules and regulations of CAP and the Air Force. In this regard, self-discipline is an absolute must.

Live the Core Values for Life

Col Dempsey

[National Commanders Video on Respect](#)

#### New Illinois Wing Director of Diversity

The new Illinois Wing Director of Diversity is [Maj Jaquelyn Rounds](#) formerly the Group 2 Finance Officer. Please join me in congratulating Maj Rounds in her new role and give her your full support.



# OPERATION THANK YOU



**WE (AND OUR SERVICE MEMBERS) ARE WAITING  
FOR YOUR LETTERS**

**Don't Forget.....**

**Please get them in by the end of APRIL**

*A Command Challenge for ALL Illinois Wing Units*

We challenge ALL IL Wing units to the following in Q1 2019:

Have as many members as possible write a card or two to an active Airman, Solider, Sailor, Marine or Coast Guardsman, letting them know how much we appreciate their service to our country. These cards can be store bought or hand crafted. **BE CREATIVE!**

Between now and the end of April 2019, IL Wing HQ will be collecting the cards written by IL Wing units. We would like to see 1000 cards, or more be sent out from the IL Wing. Units can collectively send their cards to Illinois Wing Headquarters. Please note: individual cards do not need postage applied.

Completed cards should be sent to: IL Wing Civil Air Patrol  
PO Box 4027  
St. Charles, IL 60174

IL Wing HQ will be working with A Million Thanks to distribute the cards to our service men and woman. For more information use this link: <http://www.amillionthanks.org/index.asp>



Continued on next page

Have your unit collectively create a care package for a deployed service member somehow connected to your unit and then send it to them. For information on what to send in a care package check out the link below:

<https://www.military.com/deployment/what-to-send-someone-who-is-deployed.html>



We want to make sure you take pictures of your actions and try to include all the members of the unit in accomplishing this challenge. We also want you to keep and share with us tallies of how many cards and care packages get sent out.

This challenge is purely voluntary, and it's not a competition, just a challenge to exercise our core values in recognizing our service men and women.

*WILL YOUR UNIT ACCEPT THE CHALLENGE?*

If you have questions please contact Col Dempsey at: [rdempsey@ilwg.cap.gov](mailto:rdempsey@ilwg.cap.gov)



Watch the [International Space Station](https://www.nasa.gov/spotthestation) pass overhead from several thousand worldwide locations. It is the third brightest object in the sky and easy to spot if you know when to look up. Visible to the naked eye, it looks like a fast-moving plane only much higher and traveling thousands of miles an hour faster! <https://spotthestation.nasa.gov/home.cfm>



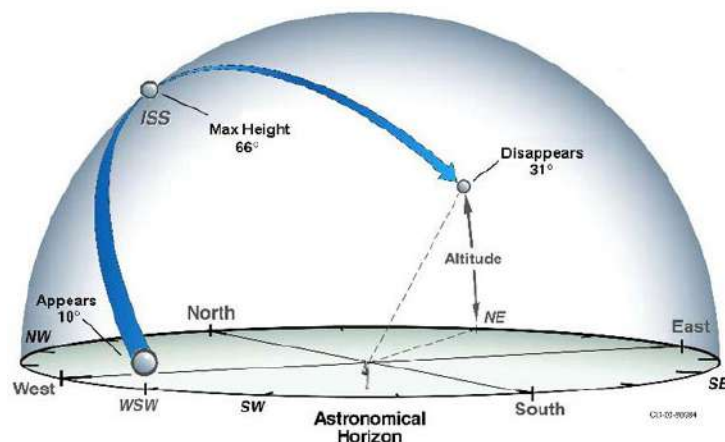
Messages 21:26 84%  
spotthestation.nasa.gov

Location: Saint Charles, Missouri, United States

The following ISS sightings are possible from Monday Mar 18, 2019 through Tuesday Apr 2, 2019

**Date: Tue Mar 19, 8:41 PM**  
Visible: < 1 min  
Max Height: 16°  
Appears: 11° above SSW  
Disappears: 16° above S

**Date: Wed Mar 20, 7:51 PM**  
Visible: 3 min  
Max Height: 16°  
Appears: 10° above S  
Disappears: 14° above ESE





From The Illinois Wing Transportation Officer, Lt Col Robert Taylor

The State of Illinois Secretary of State provides a free abstract to Illinois Wing members. We are permitted to request abstracts once a month. The Illinois Wing Transportation Officer sends this request on the fifteenth of the month. Depending on the turnaround time, it may take three to four weeks to receive your abstract after the request is sent to the Illinois Secretary of State. If your Illinois State driver's license is expiring and you have a CAP driver's license it also expires. You will need to request a new CAP DL in e-services by uploading your new state driver's license and a CURRENT drivers abstract. Because of possible delays getting your license, an abstract no older than sixty days is considered current for Illinois Wing driver's license requests. To request an abstract, provide your full name, date of birth and your Illinois State driver's license number via



e-mail to the Illinois Wing Transportation Officer. More information on the process can be found on the [Illinois Wing Transportation Page](#).



**REAL ID** in the State of Illinois will be here in October 2020. By providing some additional information when renewing your state license now your license will be Compliant with the Department of Homeland Security requirements. After October 1, 2020 a regular state license cannot be used to enter federal buildings, military bases or domestic air travel. This is voluntary, you do not need to get the REAL ID Compliant state license but I strongly suggest you gather

the required additional documents and avoid the lines now. I have provided this link to the [Illinois Secretary of States website](#) that provides additional information for the process. The pieces of mail must have the persons name who is applying for the Real ID on the bill/statement.

REMEMBER  
★ HONOR ★  
TEACH



CEREMONIES  
AT OVER 1,600  
LOCATIONS

SAVE THE DATE



DECEMBER 14, 2019

WREATHSACROSSAMERICA.ORG

2019																									
JANUARY		FEBRUARY		MARCH																					
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Greetings to all, as we approach a time of the year that is significant to many religious groups.

We should take time and energy to reflect on what is humanity. Maybe, the question that needs to be asked is Integrity, respect, volunteer service and excellence in servicing humanity the key components in being human. Yet, for many, humanities depend on one belief and their set of small block values which allow them to feel their inadequacies and use other as reflector to disguise those values. We that believe that the Creator was of sound mind and had purpose in creating humans must understand that there was not a need to create have each person the same, but have diversity. In this diversity came many shade of colors, but none were better than the other.

Living in a world where many people have traded in the truth for a lie has disenfranchised people throughout the world. I am grateful that the Creator called all of use to utilize our gifts and graces to enhance that which "He" left for us as human to be care taker of. However, some individuals have become so narrow minded until they are not able to see the forest for looking at the tree. This should be a time in our lives when we confront the man in the mirror and ask some simple questions. Have I traded in the qualities of being human for imaginary qualities that is like a vapor? Have I forgotten that love is universal and is not reflected based on ethnicity, but humanity? When we see all the mass killing that are taking place throughout the world based on one ability to play god. We, that are of sound minds must meet these calamities head on, and condemn them realizing that these characteristics are not reflected of being human.

When we devalue other lives, it is an indication of what we think of our own. It has been said that no person is an island. Yet, we try to create this island with no water. As leaders, it is imperative, that we set a standard that cannot be questioned by anyone as to what our morals are as it relates to us being "Human".

As we move closer to this holiday for many, and for those whom it is just another day, I hope that we will learn to value each other as we value ourselves. It is through this understanding that we can live out the phrase "And greater things shall you do". I believe the Creator is waiting on us as humanity to step up to the plate and say, "Use me to do greater things in your will".

Chaplain Maj Le'on Willis I, CAP  
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[lmwillisi@yahoo.com](mailto:lmwillisi@yahoo.com)  
Wing Chaplain, Illinois Wing  
U.S. Air force

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Greetings,

I have been assigned a role in the Wing of leading a transition in the CISM function to using a different format that is being adopted by many emergency services providers, including the DoD, called Psychological First Aid. I led this same transition last year in my day job as System Vice President for Mission and Spiritual Care for Advocate Aurora Health.

As part of the Civil Air Patrol Strategic Plan of bolstering a culture of resiliency, the handouts in the next page have been developed to help us with coping with potentially traumatic events. The handout describes some very common normal human reactions to overwhelming events, with practical tips about how to take care of ourselves when we experience those things. It's OK to not be OK. We will all be wingmen for each other!



V/R

Chaplain, (Capt) Kevin A. Massey, CAP  
Illinois Wing  
(C) 312.320.0582  
[kmassey@ilwg.cap.gov](mailto:kmassey@ilwg.cap.gov)



## Healing after a traumatic event

When a traumatic event occurs, individuals may experience a range of common stress reactions, either immediately, a few days later, weeks later, or even months later.

The following is a list of the most common stress reactions accompanied by recommended ways to cope.

### Anxiety

Take time during the day to calm yourself through relaxation exercises. This can make it easier to sleep and concentrate, and can give you energy. Try the following breathing exercise:

- Inhale slowly through your nose and comfortably fill your lungs all the way down to your stomach, while saying to yourself, "My body is filled with calmness."
- Exhale slowly through your mouth and comfortably empty your lungs, while silently saying to yourself "My body is releasing the tension."
- Do this five times slowly, and as many times a day as needed.

### Concern or Shame over Your Own Reactions

- Remind yourself that your feelings are understandable and expected, you are not "going crazy" and you are not at fault for either the traumatic event or your reactions to the traumatic event.
- When talking with someone, find the right time and place, and ask if it's okay to talk about your feelings.
- If these feelings persist for a month or more you may wish to seek professional help.

### Fears of Recurrence, Reactions to Reminders

- When you are reminded of the event, try saying to yourself, "I am upset because I am being reminded of the traumatic event, but it is different now because the traumatic event is not happening and I am safe."
- Then identify coping strategies that would reduce the distress, which may include talking with others, distraction, and humor.
- If applicable, monitor and limit your viewing of media reports so you just get the information that you need.

### Changes in Attitude, View of World, and Oneself

- Remember that getting back to a more structured routine can help improve decision-making.
- Remind yourself that going through a traumatic event can have positive effects on what you value and how you spend your time.

Cont'd



## Healing after a traumatic event

Cont'd

### Excessive Anger

- Manage your anger by taking time to cool down, walk away from stressful situations, talk to a friend about what is making you angry, get physical exercise, distract yourself with positive activities, or problem-solve the situation that is making you angry.
- Remind yourself that being angry will not get you what you want, and may harm important relationships.
- If you become violent, get immediate help.

### Sleep Difficulties

- If possible, try to go to sleep at the same time every day.
- Don't drink caffeinated beverages in the evening.
- Reduce alcohol consumption.
- Increase daytime exercise.
- Relax before bedtime.
- Limit daytime naps to 15 minutes, and do not nap later than 4 pm.

### Shifts in Interpersonal Relationships

- Don't withdraw from seeking support just because you feel you might burden someone else. It's OK not to feel OK. Let others know how you feel. Most people do better after a traumatic event with good support from others.
- Understand that other family members, friends or colleagues who may have been affected can be a major form of support during the recovery period.
- It is important to understand and tolerate different courses of recovery among affected family members, friends or colleagues. Don't be afraid to ask them how they are doing. Let them know you understand, and offer a supportive ear or lend a helping hand.
- Spend more time talking with family members, friends or colleagues about how they are doing. Say, "You know, the fact that we're emotional is completely normal, given what we've been through. I think we're handling things amazingly. It's a good thing we have each other."

### Alcohol / Substance Abuse

- Identify the positives and negatives of using alcohol or drugs to cope, and the anticipated difficulties in changing behavior.
- Remember that substance use and other addictive behaviors can lead to problems with sleep, relationships, jobs, and physical health.
- It's hard to manage urges alone. Get appropriate help from friends/family to help distract, replace, or manage potentially detrimental desires to use alcohol or substances.
- If you've had prior problems with alcohol or substances, consider seeking professional treatment.

This handout is adapted from the Psychological First Aid Field Operations Guide.



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continued

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## Ready to be a Glider Pilot?



[Park Forest South Aviation Group](#) is a glider club located at Bult Field. Its members serve as crew for all our Cadet Glider Orientation Flights, and are a great source of information regarding soaring and sailplanes. In consideration of our close relationship, the club will offer a discounted membership fee of \$50 for CAP Senior Members. Members must also join the Soaring Society of America, additional cost of \$75. Cadet memberships in PFSAG are even lower cost - contact the club for details - [PFSAGclub@gmail.com](mailto:PFSAGclub@gmail.com)

This flying season PFSAG will offer training flights on the last Sunday of each month. Training flights are also available on some Saturdays after cadet orientation flights, and on dedicated training days. The club typically flies every Friday (club flights) and Saturday (O Flights).



C/1st Lt Alexis Vasiliadis

"I've done two glider flights, and they're are always a pleasure. Being in the front seat of the aircraft and having the freedom of the full "bubble"

cockpit has given me a true sense of what flying really is, and the science behind it is incredibly interesting. I'll definitely be doing more glider flights in the future and I'd encourage every eligible cadet to try it as well!"



C/2d Lt Zachary Tran, Every time I have gone on a glider flight, it has been an absolutely amazing time. The cadets and seniors I worked with were professional and polite and there's something freeing about being in an unpowered Aircraft. I would personally encourage everyone to do it, especially if you are not totally comfortable with flying yet. It will help you get out of your comfort zone. Flying Gliders is so much fun, take every chance you can get to do it.



I would like testimonials from Cadets telling about their experiences with glider and powered O'Flights. Please keep it to a paragraph sized like you see here and please include a couple of photos. I'd like the same from Senior Members as well. In addition to that, testimonials telling your experience at Spring and/or Summer Encampment and Johnson Flight Academy. They will be subject to posting on Social Media.

Please send to [Lt Col Paul Hertel](#), II Wing Public Affairs Officer.







# Safety Always

## “Oh My Aching Back!”

A phrase many of us old timers have uttered all too often. Here are some tips we can use to prevent back injuries when lifting. Think of all the times you have found yourself lifting something during a squadron meeting or mission. We do it more often than we realize. Let's get our cadets started with proper techniques now so that don't have to utter that phrase as much as we do.

Safe lifting techniques should be stressed by all workplaces, but are commonly overlooked. Most people just want to finish the job quickly, even if that means moving heavy objects in unsafe ways.

In doing so, workers can become injured and have to miss work for extended periods of time.

Safe lifting techniques should be incorporated for all workplaces because back and lifting injuries are a leading cause of missed work days. According to [2014 data from the Bureau of Labor Statistics](#), overexertion in lifting or lowering caused an average of 12 days away from work (30 percent more than the overall average), and was the fifth highest rate of days missed, per 10,000 full-time workers. A few ways to help encourage safe lifting techniques may be to start each day off with a stretching program to help acclimate the body or to post signage around your facility reminding your workers to lift safely.

Even if you don't lift heavy objects often at work, you are still susceptible to an injury. You can strain your back lifting something as light as a screwdriver if you are not careful.



## Safe Lifting Techniques

Prevention and planning are perfect solutions for most hazard abatement in the workplace. With proper safety training and the use of these safe lifting techniques, your team should be able to greatly reduce the risk of back and lifting injuries.

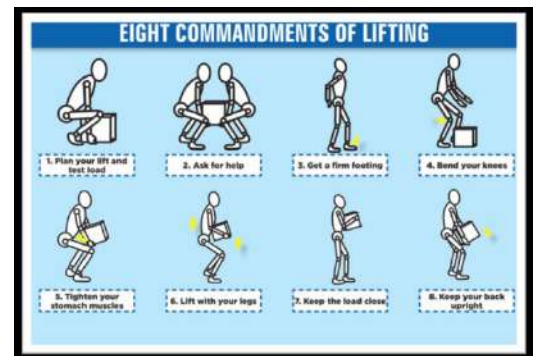
Before lifting, assess what it is you are lifting and where it is going. Recognize how heavy the object is and determine if you can lift it by yourself. Never hesitate to ask for help if it is too heavy.

Make sure to check the pathway you are taking to your final destination. There should not be any trip hazards or debris in your path.

To safely lift the object, get as close to the object as possible. This will create more leverage for you and less strain on your muscles.

Next, position your feet shoulder-width apart and angle one foot slightly forward for better balance.

When you go to bend down for the object, keep your back straight and use your legs and hips to lower yourself to the object. Never bend at the waist because this will cause immediate strain on your lower back.







## What Is A Public Affairs Officer Supposed To Do?

CAPR 190-1 16 NOVEMBER 2016 1. Mission. The mission of the CAP PA program is to inform internal and external audiences of CAP's national importance, safeguard the image and assets of the corporation, and strengthen relations with key audiences and customers, which enables the organization to grow.

2. Public Affairs Officer Objectives.

Everyone can help with this one. **Increase public awareness of CAP, its local, state and national missions, and its contributions to the nation.** Post your CAP activities to social media. Share activities to your friends. Encourage your parents to do the same.

**Develop and conduct a comprehensive internal and external PA plan.** Mainly for the Unit Commander and Public Affairs Officer, however the goals can be discussed during a unit staff meeting. There are a lot of good ideas out there.

**Promote cooperation between CAP and other aviation organizations, the military, business, industry and civic groups.** I regularly post Civil Air Patrol flying information and flying activity information to several aviation groups. I encourage all PAOs to do the same. How often do you post meeting dates and times on your local city Facebook Pages or contact them about having your squadron listed on their website? I also post to the local Home Educators Facebook page. The Scott AFB page, the Scott AFB Spouses Page and the Unofficial Scott AFB Airshow page. Because of that, I know Scott Composite Squadron will get a Senior Member and Cadet transferring from another squadron in July.

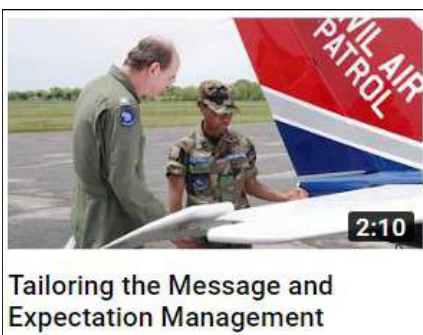
**Consistently communicate the CAP brand identity and inspire every member to help build awareness of CAP.** Use the correct signature block. Use the correct Civil Air Patrol symbol for publicity. Don't post politics on social media if your profile picture is you in your uniform. Always be sure uniforms are correct in posts that will be made public or even posted so only your friends can see them. Don't disparage Civil Air Patrol even if you and others might think it's funny. Please do spell out Civil Air Patrol. Please share your positive experiences with everyone.

I see a lot of Civil Air Patrol members on Facebook. I see some of those folks don't post anything about Civil Air Patrol. It's like our fantastic organization is a secret.

Can there be Cadet Public Affairs Officers? YES! If cadets want to volunteer, meet with your Squadron PAO and Deputy Commander of Cadets to discuss. Only accept the duty position if you will perform assigned duties. Cadets can help get those Facebook posts about what's on the schedule and what activities, promotions and award presentations took place. Post and Tweet with photos.

Our goal as Public Affairs Officers should be..... All of Illinois knows who we are. That will take a consistent effort on all the 44 Senior Member Public Affairs Officers and the 2 Cadet Public Affairs Officers in Illinois Wing.

Please everyone, watch these videos from Maj Gen Smith. They can be also found on the [National YouTube channel](#)





## Sharing some statistics from last weekend's mission:



138 CAP Volunteers Signed-up as available to serve

113 ILWG Members signed into the mission in various locations ! We had members signed-in from ALL SIX ILWG Groups and ILWG HQ Staff. That's phenomenal.

10 Corporately-owned vehicles were employed on ground sorties

9 Ground Sorties Executed (not including personal transport to/from)

9 of our 10 ILWG Aircraft were used

20 Air Sorties flown (not including moving equipment around)

Below is one version of our Situation Map.

It's very busy because, well ... we were VERY busy. It illustrates the geographic coverage of our varied Evaluation scenarios

If we count Paducah, KY as our southernmost area of concern and Alpin Dam as our northernmost, our area of operations was 550 miles!

27 Locks and Dams (6 IL / 21 WI)

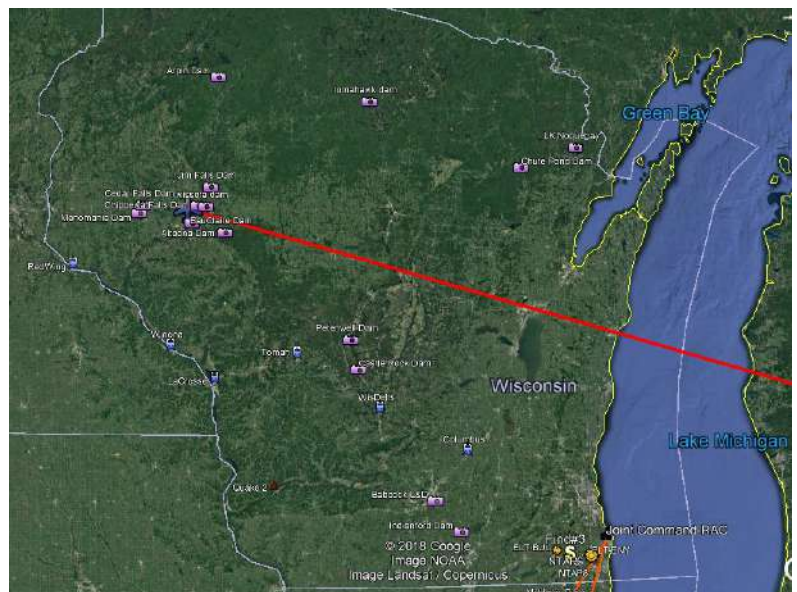
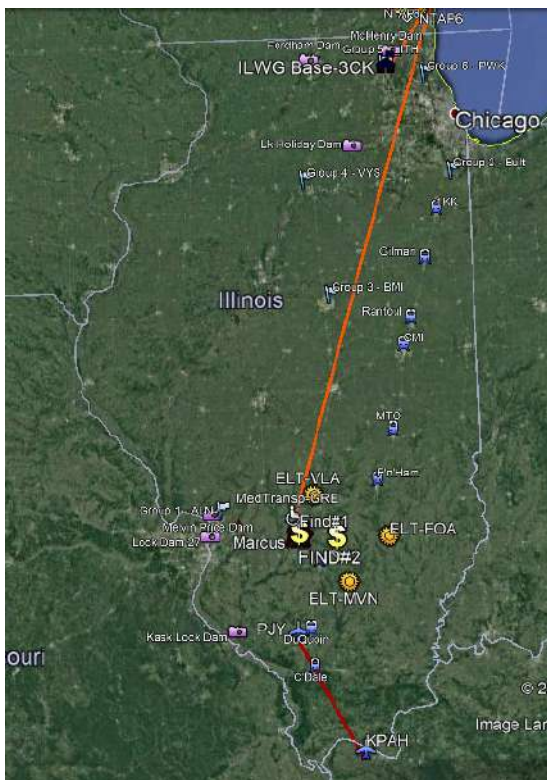
15 Train Stations (9 IL / 6 WI)

2 Overdue aircraft searches (1 north / 1 south)- Finds #2 and 3 and Salem, IL and Burlington, WI

1 Mission person search (So.IL) - Find #1 at Carlisle, IL

1 Medical Supply Transport - (RAC to 3CK)

A flurry of ELT and NTAP hits.





# Personnel Announcements

## New Members

SM Anthony P J Valdivieso 22-Mar-2019 GLR-IL-312	CADET Jordan Arie Johnson 13-Mar-2019 GLR-IL-317
SM Timothy D Drew 22-Mar-2019 GLR-IL-312	CADET Tyler Joseph Trigg 19-Mar-2019 GLR-IL-042
SM Heather G MacKeen 29-Mar-2019 GLR-IL-205	CADET Dylan Kaihao Xianto 15-Mar-2019 GLR-IL-075
C/A1C Christopher Nathaniel Smith 27-Feb-2018 GLR-IL-286	CADET Thomas R Fischer 18-Mar-2019 GLR-IL-271
CADET Sydney Page Spicher 5-Mar-2019 GLR-IL-189	CADET Joseph Chase Humphrey 18-Mar-2019 GLR-IL-334
CADET Solan Kyle Everly 4-Mar-2019 GLR-IL-334	CADET Sebastian Michael Ringenberg 19-Mar-2019 GLR-IL-004
CADET Noor Ulain Khan 5-Mar-2019 GLR-IL-061	CADET Chase Cannon Ringenberg 19-Mar-2019 GLR-IL-004
CADET Kaiden Andrew Cooper 4-Mar-2019 GLR-IL-327	CADET Cyrus Seven Jefferson 20-Mar-2019 GLR-IL-332
C/Amn Vincent Mario Oriatti-Bruns 19-Mar-2019 GLR-IL-049	CADET Cyrus M Alcala 20-Mar-2019 GLR-IL-263
CADET Kailee Vary 6-Mar-2019 GLR-IL-332	CADET Frankie Daniel Stallman 20-Mar-2019 GLR-IL-282
CADET Mary Katherine Niemeyer 7-Mar-2019 GLR-IL-189	SM Thomas N Chapman 21-Mar-2019 GLR-IL-263
CADET Daniel Nick 11-Mar-2019 GLR-IL-263	CADET Nathaniel Lincoln George 23-Mar-2019 GLR-IL-036
SM Hashsham M Noor 12-Mar-2019 GLR-IL-075	CADET Kyle R Morris 26-Mar-2019 GLR-IL-303
SM Dianna M Kroll 13-Mar-2019 GLR-IL-317	CADET Landon Moore 26-Mar-2019 GLR-IL-205
SM Lynn F Taylor 13-Mar-2019 GLR-IL-317	SM David L Kleine 26-Mar-2019 GLR-IL-282
SM Victoria J Kroll 13-Mar-2019 GLR-IL-317	CADET Maulin Xu 27-Mar-2019 GLR-IL-271
CADET Jeffrey J Wright 13-Mar-2019 GLR-IL-317	



<b>Name</b>	<b>Length</b>	<b>Unit</b>	<b>Name</b>	<b>Length</b>	<b>Unit</b>
Capt Derrick Henry	30	GLR-IL-332	C/2dLt Erik Victor Lechleitner	2	GLR-IL-090
Lt Col Phillip E Toops	30	GLR-IL-000	1st Lt Ricky L Smith	2	GLR-IL-334
SM Kevin S Davidson	20	GLR-IL-286	C/SrA Jasmyne A Sweezer	2	GLR-IL-329
1st Lt Nolan B Brumfield	15	GLR-IL-000	2d Lt Brian W Brinkmeier	2	GLR-IL-334
Lt Col Thomas A DeMaeyer	10	GLR-IL-105	C/A1C Noah McCabe	2	GLR-IL-004
2d Lt Matthew R Mannikka	5	GLR-IL-312	C/2dLt Connor Joseph McGuire	2	GLR-IL-090
1st Lt Levetta L Parker	5	GLR-IL-332	C/SrA Travis P Dulzo	2	GLR-IL-271
C/2dLt Kevin D Braner	5	GLR-IL-189	C/A1C Austen William Newberry	2	GLR-IL-189
2d Lt David E Braner	5	GLR-IL-189	C/SSgt Gabrielle Cappitelli	2	GLR-IL-282
1st Lt Joshua Loy	2	GLR-IL-205	C/SrA Oliver T Bilus	2	GLR-IL-329
2d Lt James J Pepper	2	GLR-IL-334	2d Lt Tyler D Kahdeman	2	GLR-IL-049
C/SrA Javon Lamar McDuffy	2	GLR-IL-332	SM Connor J Thompson	2	GLR-IL-240
C/SrA Cody Allen Weber	2	GLR-IL-327	2d Lt James A Ploense	2	GLR-IL-240
Capt Scott A Skindingsrude	2	GLR-IL-042	SM Marlaina M Wolfe	2	GLR-IL-240
SM William D.R. Waff	2	GLR-IL-042	C/2dLt Theodore Jeroen Bronwasser	2	GLR-IL-329
C/Amn Roman Lee Dodd	2	GLR-IL-061	Maj Michelle Mussman	2	GLR-IL-999



Name	Date	Award	Unit
C/2dLt Theodore Jeroen Bronwasser	21-Mar-2019	MITCHELL	GLR-IL-329
C/2dLt Zachary Binh Viet Tran	25-Mar-2019	MITCHELL	GLR-IL-075
C/2dLt Jude Augustine Hemann	26-Mar-2019	MITCHELL	GLR-IL-205
C/SSgt Nina A Matusiak	2-Mar-2019	WRIGHT BROTHERS	GLR-IL-075
C/SSgt Isaiah Noel Garcia	7-Mar-2019	WRIGHT BROTHERS	GLR-IL-329
C/SSgt Lena Patricia Turek	12-Mar-2019	WRIGHT BROTHERS	GLR-IL-189
C/SSgt Benjamin Neal Folgers	18-Mar-2019	WRIGHT BROTHERS	GLR-IL-334
C/SSgt Alvin Park	26-Mar-2019	WRIGHT BROTHERS	GLR-IL-075

## Cadet Promotions

C/Maj Parker James Woods 21-Mar-2019 GLR-IL-329	C/SrA Cody Allen Weber 25-Mar-2019 GLR-IL-327
C/1stLt Alexis Matina Vasiliadis 12-Mar-2019 GLR-IL-067	C/SrA Jonathan Douglas Myers 25-Mar-2019 GLR-IL-327
C/2dLt Theodore Jeroen Bronwasser 21-Mar-2019 GLR-IL-329	C/SrA Alexander Lewis Noel 26-Mar-2019 GLR-IL-240
C/2dLt Zachary Binh Viet Tran 25-Mar-2019 GLR-IL-075	C/SrA Caiden Carl Ross 26-Mar-2019 GLR-IL-240
C/2dLt Jude Augustine Hemann 26-Mar-2019 GLR-IL-205	C/SrA Zander Hoefer 26-Mar-2019 GLR-IL-240
C/CMSgt Josiah Andrew Kanoy 12-Mar-2019 GLR-IL-205	C/A1C Logan Robert Rude 4-Mar-2019 GLR-IL-042
C/CMSgt James M Buck 26-Mar-2019 GLR-IL-240	C/A1C Gage R.W. Sneed 5-Mar-2019 GLR-IL-061
C/SMSgt Olivia Adrienne Bertaud 25-Mar-2019 GLR-IL-042	C/A1C David Riley Brown 21-Mar-2019 GLR-IL-205
C/MSgt James Garrett Barnhart 12-Mar-2019 GLR-IL-282	C/A1C Katherine E Mesarchik 26-Mar-2019 GLR-IL-205
C/MSgt Giacomo Conde 13-Mar-2019 GLR-IL-090	C/A1C James Ignatius Hemann 26-Mar-2019 GLR-IL-205
C/MSgt Anshul Sukhlecha 19-Mar-2019 GLR-IL-049	C/A1C Samantha Marie Prempas 26-Mar-2019 GLR-IL-075
C/MSgt Aidan Mitchell Haigh 26-Mar-2019 GLR-IL-240	C/A1C Joshua Jude Coulby 26-Mar-2019 GLR-IL-205
C/MSgt Robert Thomas Boughton 26-Mar-2019 GLR-IL-240	C/A1C Alex James Beaulieu 29-Mar-2019 GLR-IL-274
C/MSgt Nicholai P Houk 29-Mar-2019 GLR-IL-274	C/A1C Harland Robert Goodnough 29-Mar-2019 GLR-IL-274
C/TSgt Genevieve Wulf 2-Mar-2019 GLR-IL-075	C/Amn Garin Thomas Ohanian 2-Mar-2019 GLR-IL-075
C/TSgt Ryan Alan Rehak 11-Mar-2019 GLR-IL-329	C/Amn Daigo Ito 2-Mar-2019 GLR-IL-075
C/TSgt Mark Richard Luchsinger 12-Mar-2019 GLR-IL-282	C/Amn Landon Cueller 2-Mar-2019 GLR-IL-075
C/TSgt Michael Anakin Hoepfner 19-Mar-2019 GLR-IL-282	C/Amn Andrew Lee Scachette 4-Mar-2019 GLR-IL-334
C/TSgt Ashley N Clark 19-Mar-2019 GLR-IL-282	C/Amn Devin Sawyer 5-Mar-2019 GLR-IL-332
C/TSgt Myles B Harper 25-Mar-2019 GLR-IL-042	C/Amn Matthew Cary Colbert 5-Mar-2019 GLR-IL-332
C/TSgt Jonah T Borbely 25-Mar-2019 GLR-IL-327	C/Amn Robert Jacob Frizzell 5-Mar-2019 GLR-IL-061
C/TSgt Alexander Carmichael 26-Mar-2019 GLR-IL-205	C/Amn Isaiah Michael Duckworth 5-Mar-2019 GLR-IL-061
C/SSgt Nina A Matusiak 2-Mar-2019 GLR-IL-075	C/Amn Kaela L Durbin 5-Mar-2019 GLR-IL-303
C/SSgt Isaiah Noel Garcia 7-Mar-2019 GLR-IL-329	C/Amn Ian Waller 5-Mar-2019 GLR-IL-049
C/SSgt Lena Patricia Turek 12-Mar-2019 GLR-IL-189	C/Amn Jabarie Collins McCoy 6-Mar-2019 GLR-IL-090
C/SSgt Benjamin Neal Folgers 18-Mar-2019 GLR-IL-334	C/Amn Ethan J Welch 9-Mar-2019 GLR-IL-271
C/SSgt Alvin Park 26-Mar-2019 GLR-IL-075	C/Amn Madelyn Klosa 13-Mar-2019 GLR-IL-090
C/SrA Matthew Tyler Weippert 2-Mar-2019 GLR-IL-075	C/Amn Emily Eloura Olsen 14-Mar-2019 GLR-IL-251
C/SrA Nathan Riley Dupee 5-Mar-2019 GLR-IL-049	C/Amn Vincent Mario Oriatti-Bruns 19-Mar-2019 GLR-IL-049
C/SrA Amari D Harris 5-Mar-2019 GLR-IL-332	C/Amn Richard Kevin Warlow 26-Mar-2019 GLR-IL-240
C/SrA Kaylen Cheng 5-Mar-2019 GLR-IL-067	C/Amn Nicklaus Erich Ruehle 26-Mar-2019 GLR-IL-240
C/SrA Elizabeth Mei Ann Frost 5-Mar-2019 GLR-IL-067	C/Amn Aidan Jeremiah Baumgardner 26-Mar-2019 GLR-IL-240
C/SrA Koby Ray Juarez 24-Mar-2019 GLR-IL-334	C/Amn Brayden M Troiani 29-Mar-2019 GLR-IL-274

# Cadet Duty Assignments

New Unit Cadet Commanders appear in **RED**

Date	Member	Level	Assignment
6-Mar-2019	C/2dLt Bennett Alexander Whitney	UNIT	Cadet Commander
9-Mar-2019	C/2dLt Jomareun Richardson	UNIT	Cadet Commander
12-Mar-2019	C/MSgt Morgan Nicole Piwonka	UNIT	Cadet First Sergeant
20-Mar-2019	C/MSgt Matthew Mangin	UNIT	Cadet Flight Sergeant
20-Mar-2019	C/SSgt Maximillian T Perham	UNIT	Cadet Element Leader
20-Mar-2019	C/A1C Amanda Gusewelle	UNIT	Cadet Element Leader
27-Mar-2019	C/2dLt Lucas Allen Vanderwoude	UNIT	Cadet Leadership Officer
27-Mar-2019	C/2dLt Elliot Ari Basem	UNIT	Cadet Executive Officer
27-Mar-2019	C/CMSgt Saylor Anielsa Santori	UNIT	Cadet Flight Commander
27-Mar-2019	C/CMSgt Ian Hunter Steinweg	UNIT	Cadet Emergency Services NCO
27-Mar-2019	C/CMSgt Ian Hunter Steinweg	UNIT	Cadet Flight Sergeant
27-Mar-2019	C/SSgt Arjon Christian Odom	UNIT	Cadet Flight Sergeant
28-Mar-2019	C/SMSgt Dustin Patrick O'Connor	UNIT	Cadet First Sergeant
31-Mar-2019	C/TSgt Jonah T Borbely	UNIT	Cadet Flight Sergeant
31-Mar-2019	C/SMSgt William G Petry	UNIT	Cadet First Sergeant

## Senior Member Awards



Maj Le'on M Willis 12-Mar-2019 GARBER GLR-IL-001	SM Noah P Kovacs 19-Mar-2019 MEMBERSHIP GLR-IL-271
Capt David P Lee 12-Mar-2019 LOENING GLR-IL-075	SM Ronnie Yarbrough Jr 19-Mar-2019 MEMBERSHIP GLR-IL-274
1st Lt Stephen J Gugala 3-Mar-2019 DAVIS GLR-IL-271	SM Coyea D Sanders 19-Mar-2019 MEMBERSHIP GLR-IL-274
1st Lt Rhonda M Zeman 7-Mar-2019 DAVIS GLR-IL-284	SM Jake A Donaldson 26-Mar-2019 MEMBERSHIP GLR-IL-075
SM Jacob Floresca 19-Mar-2019 DAVIS GLR-IL-189	SM Kevin C Lindsay Jr 29-Mar-2019 MEMBERSHIP GLR-IL-329
SM Julie L Harris 5-Mar-2019 MEMBERSHIP GLR-IL-004	SM Sara B Jacobs 3-Mar-2019 YEAGER GLR-IL-205
SM Emily J Gusewelle 5-Mar-2019 MEMBERSHIP GLR-IL-286	SM Lance D Clark 5-Mar-2019 YEAGER GLR-IL-205
SM Jeneson J Abraham 10-Mar-2019 MEMBERSHIP GLR-IL-274	1st Lt Kelly A Jones 12-Mar-2019 YEAGER GLR-IL-036
SM Christine Cimino 11-Mar-2019 MEMBERSHIP GLR-IL-042	SM Daniel P Niemeyer 19-Mar-2019 YEAGER GLR-IL-189
SM Jacob Floresca 19-Mar-2019 MEMBERSHIP GLR-IL-189	

## Member Decorations - March

Meritorious Service Award	from 24 Oct 2014 to 21 Apr 2017	Lt Col Joshua S Cunningham	3/6/2019
Commander's Commendation Award (Wing)	from 14 Sep 2016 to 05 Mar 2019	Capt Juliet E Richey	3/5/2019
Commander's Commendation Award (Wing)	from 01 Feb 2019 to 24 Mar 2019	Lt Col Robert L Taylor	3/30/2019
Commander's Commendation Award (Wing)	from 01 Feb 2019 to 24 Mar 2019	2d Lt Dawn M Iselin	3/30/2019
Certificate of Recognition for Lifesaving Achievement Award	from 17 Feb 2019 to 17 Feb 2019	Lt Col Tod R Whitmore	3/5/2019
Achievement Award	from 01 Oct 2015 to 03 Mar 2019	Lt Col Jeffrey Gulick	3/10/2019
Achievement Award	from 29 Mar 2016 to 01 Mar 2019	Lt Col Michael R Brantley	3/10/2019
Achievement Award	from 12 Sep 2016 to 01 Mar 2019	1st Lt Jamie L Hiles	3/10/2019
Achievement Award	from 01 Jan 2019 to 17 Mar 2019	Lt Col Alfredo R Reynoso	3/27/2019
Achievement Award	from 02 Mar 2019 to 17 Mar 2019	1st Lt Bryon N Nush	3/27/2019
Achievement Award	from 01 Mar 2019 to 17 Mar 2019	Lt Col Mark A Razny	3/28/2019
Achievement Award	from 15 Mar 2019 to 17 Mar 2019	Capt Kevin A Massey	3/28/2019
Achievement Award	from 01 Mar 2019 to 18 Mar 2019	Lt Col Andrew J Welch	3/30/2019
Achievement Award	from 01 Mar 2019 to 18 Mar 2019	Lt Col Joseph J Long	3/30/2019

Continued on next page

# Senior Duty Assignments

New unit commanders appear in **RED**

Date	Member	Level	Assignment
5-Mar-2019	Capt Andrew G Loy	GROUP	Deputy Commander
5-Mar-2019	2d Lt Krista M Piwonka	UNIT	Deputy Commander for Cadets
5-Mar-2019	2d Lt Krista M Piwonka	UNIT	Finance Officer
6-Mar-2019	2d Lt Abbigail M Speiser	UNIT	Public Affairs Officer
6-Mar-2019	2d Lt Bruce P Preston	UNIT	Deputy Commander for Seniors
7-Mar-2019	Capt Arzania S Williams	WING	Director of Safety
7-Mar-2019	Maj Michael C Larson	WING	Assistant Director of Logistics
7-Mar-2019	2d Lt Christopher J Vargas	UNIT	Cadet Activities Officer
8-Mar-2019	Capt Thomas F Schramka Jr	UNIT	Assistant Public Affairs Officer
8-Mar-2019	2d Lt Krista M Piwonka	GROUP	Finance Officer
11-Mar-2019	Capt Frank A D'Angelo	UNIT	Emergency Services Officer
11-Mar-2019	Capt Frank A D'Angelo	UNIT	Emergency Services Training Officer
11-Mar-2019	Capt Frank A D'Angelo	UNIT	Safety Officer
12-Mar-2019	Maj Carol T Curtis	UNIT	Assistant Professional Development Officer
12-Mar-2019	Capt Roland A Tranquilli Jr	UNIT	Communications Officer
12-Mar-2019	1st Lt Tim Richardson	UNIT	Assistant Professional Development Officer
13-Mar-2019	1st Lt Bryon N Nush	UNIT	Deputy Commander for Cadets
13-Mar-2019	2d Lt Brandon R Zaleiski	UNIT	Communications Officer
13-Mar-2019	2d Lt Brandon R Zaleiski	UNIT	Deputy Commander
13-Mar-2019	Capt George G Roy	UNIT	Safety Officer
13-Mar-2019	2d Lt Carrie E Steinweg	UNIT	Public Affairs Officer
13-Mar-2019	SM Daniel A Bautista	UNIT	Operations Officer
13-Mar-2019	SM Michael W Vannier	UNIT	Communications Officer
14-Mar-2019	Lt Col Jeffrey Gulick	UNIT	Assistant Deputy Commander for Cadets
14-Mar-2019	Maj Eric Zalud	GROUP	Maintenance Officer
15-Mar-2019	Lt Col Gerold A Baumgartner	UNIT	Assistant Emergency Services Officer
15-Mar-2019	Capt Martin D Turek	UNIT	Emergency Services Officer
18-Mar-2019	Maj Eric Zalud	UNIT	Assistant Communications Officer
19-Mar-2019	Maj David A Hoover	UNIT	Deputy Commander for Seniors
19-Mar-2019	SM Lance D Clark	UNIT	Assistant Testing Officer
20-Mar-2019	1st Lt Bruce R Estep	UNIT	Assistant Squadron Leadership Officer
20-Mar-2019	1st Lt Bryon N Nush	UNIT	Testing Officer
20-Mar-2019	Capt George G Roy	UNIT	Assistant Testing Officer
20-Mar-2019	SM Lance D Clark	UNIT	Assistant Squadron Leadership Officer
22-Mar-2019	SM Noah P Kovacs	UNIT	Assistant Communications Officer
22-Mar-2019	SM Noah P Kovacs	UNIT	Assistant Emergency Services Officer
22-Mar-2019	SM Noah P Kovacs	UNIT	Information Technologies Officer
22-Mar-2019	SM Noah P Kovacs	UNIT	Squadron Leadership Officer
22-Mar-2019	SM Noah P Kovacs	UNIT	Web Security Administrator
22-Mar-2019	1st Lt Lori A Tolliver	UNIT	Assistant Communications Officer
22-Mar-2019	SM Arnold P Krinski	UNIT	Assistant Personnel Officer
25-Mar-2019	Lt Col Sydney W Schneidman	UNIT	Deputy Commander
25-Mar-2019	Capt Juliet E Richey	UNIT	Squadron Activities Officer

Continued on next page



## Senior Member Promotions

Senior Members are shown with their new rank

Capt Andrew G Loy 13-Mar-2019 GLR-IL-251  
 Capt David P Lee 14-Mar-2019 GLR-IL-075  
 1st Lt John Tolliver 3-Mar-2019 GLR-IL-271  
 1st Lt Rhonda M Zeman 11-Mar-2019 GLR-IL-284  
 1st Lt Roger W Wilfong 15-Mar-2019 GLR-IL-205  
 1st Lt Stephen J Gugala 16-Mar-2019 GLR-IL-271

2d Lt Chrisjay S Fontillas 4-Mar-2019 GLR-IL-205  
 2d Lt Krista M Piwonka 12-Mar-2019 GLR-IL-263  
 2d Lt Carrie E Steinweg 18-Mar-2019 GLR-IL-317  
 2d Lt Brendan R Jensen 21-Mar-2019 GLR-IL-251  
 2d Lt Sean J Welch 25-Mar-2019 GLR-IL-271  
 2d Lt Ralph L Fossier Jr 27-Mar-2019 GLR-IL-067

## Senior Member Specialty Ratings

Name	Award Date	Specialty	Level
Capt D Wendal Walsh	4-Mar-2019	CADET PROGRAMS	TECHNICIAN
Col Robert M Dempsey Jr	6-Mar-2019	COMMUNICATIONS	SENIOR
Maj Carol T Curtis	12-Mar-2019	CADET PROGRAMS	MASTER
SM Jacob Floresca	19-Mar-2019	CADET PROGRAMS	TECHNICIAN
Maj Arturo O Chacon	20-Mar-2019	SAFETY	MASTER
1st Lt John Tolliver	22-Mar-2019	COMMUNICATIONS	TECHNICIAN
2d Lt William E Johnson	30-Mar-2019	ADMINISTRATION	TECHNICIAN



Please review your CPPT status immediately. If your CPPT expires you will not be able to sign into the mission or into eServices until your retake CPPT. If you took CPPT 3 - 4 years ago this notification applies to you. Please retake CPPT immediately. You may take Advanced CPPT to requalify for both. However, if your CPPT expires you will be required to take the basic course and the advance course. Please check your records and take action immediately. Squadron Commanders should ensure Cadets who are over 18 also comply.

Respectfully,  
 2d Lt Iselin  
 IL Wing Director of Professional development



Is your unit coming up for inspection? **Don't Panic.** You have a test to take, the easiest type, OPEN BOOK! So what are the questions?

[www.capmembers.com](http://www.capmembers.com) → Members → National Staff Areas → IG → SUI Information → All Worksheets



The Worksheet is your open book test. Read each question and look at the "How to Verify" Column. Still not sure where to find the answer . . . the regulation is cited in the "write up" column.

Once you complete the Open Book test, upload these answers in eServices.

IG → SUI/CI/SAV Survey Audit Report → Documentation → Use Pull down screen and select your charter number

Then on this screen, choose the file type (A1-Aerospace, B1-Cadet Programs, etc.), select your uploads, repeat the process until all of your worksheets and supporting documents are uploaded, your answer key will start to grow.

Commanders, this is important that this is done **at least 10 days prior** to your inspection.

So as you see, the test was not that bad. If you have any questions, please contact any of the IG staff.

## Wing Conference! 14 Sept 2019. Save the date!

The venue will be "[The Northfield Inn, Suites & Conference Center](#)" Springfield IL. More information will be coming soon. Watch Facebook for the Event, 13, 14 and 15 September with 36 breakout session spots on 14 September. More information will be coming soon!



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From TSgt Mathews, Kentucky Wing will be holding their Summer Encampment at Fort Knox from 22-29 June 2019. I will be departing for Fort Knox a day or so prior.

Staff applications are open! Vacancies exist in all positions. See this link for more information, including application process and deadlines: <http://www.kywg.cap.gov/2019-summer-encampment/>

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### Aviation Days!!

Keep you eyes open for opportunities to participate in the various Aviation Days.

National Aviation Day, Monday, 19 August, 2019

International Girls in Aviation Day, Saturday, 5 October, 2019

Illinois State Aviation Day??

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The Region Cadet Competition will be held in Indiana 18-19 May.

# *Semper Vigilans*

This Newsletter is a monthly publication and is produced by Illinois Wing, Public Affairs with contributions from all Wing Staff positions, including Spring and Summer Encampment. **Deadline for all submissions is the 5th day of the publishing month.** If you have any news, events or ideas, please submit them via email to: Lt Col Paul Hertel: [phertel@ilwg.cap.gov](mailto:phertel@ilwg.cap.gov)

### WEBSITES

[National Headquarters CAP](#)

[Great Lakes Region CAP](#)

[Illinois Wing CAP](#)

[Illinois Wing Summer Encampment](#)

[Illinois Wing Spring Encampment](#)

[Illinois Wing STAFF](#)

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