



THE ILLINOIS WING RECAP!

Where Imagination Takes Flight



We are using a new format for the newsletter. Please let us know how you like it. Reply to [Lt Col Paul Hertel](#)

Upcoming Events

Check the wing calendar regularly for new and updated events. [Calendar](#)



Help Wanted

An Assistant Director of Finance
Contact [Lt Col Gary Wolfe](#)
Director of Finance, Illinois Wing



As a Leader in CAP, Do you have one or more of these traits? **Visible commitment, Humility, Awareness of bias, Curiosity about others, Cultural intelligence, Effective collaboration... Then we are looking for YOU!**

The Diversity & Inclusion (D&I) team is currently looking for members to join the Team. Interested potential members should contact: Maj. Rounds at jrounds@ilwg.cap.gov for more information.

We need your help sharing National Commander Maj. Gen. Mark Smith's new "Keep Calm and CAP" message in support of Civil Air Patrol members during the coronavirus pandemic. Smith's message can be found in CAP's COVID-19 Information Center at [this link](#).

The Marketing & Strategic Communications team encourages you to copy and paste CAP's Facebook post (below) and push it out on your unit websites, as well as your Facebook and other social media channels.

Thanks for sharing this positive message!



So, Illinois Wing... How are we doing?

If I was asking at encampment, I would hear OUTSTANDING SIR! Even though the cadets answering back may be tired, have sore feet, and are very bored with the guy (me) talking to them. So, Illinois Wing How are we really doing?

I can honestly tell you that I am feeling something I call "Crisis Fatigue". I am concerned about so many things that it is sometimes a bit overwhelming. Such as: I want my family to be safe, I want my CAP family members to be safe, I want first responders and medical workers to be safe, I want all the essential workers to be safe, I want me to be safe. That's a lot to be concerned about and I need to fit it into my schedule where there are already plenty of other things to be concerned about. Like, Family, CAP, work, etc. There is little doubt that this crisis will be behind us any time soon.

The COVID-19 virus knows no boundaries and is just looking for a place to live. The virus is highly contagious and can easily and unknowingly pass to another person. The other thing that is just as contagious are the emotions and the responses generated by people who are overwhelmed, anxious, fearful, exhausted and burned out. Do a self-check often to help maintain yourself and your professionalism.

So how do we deal with all this?? Everyone is unique and may cope differently, but here are some tips and things that have worked for me that I will share with you.

First, I will offer the guidance found in the CAP 5 Pillars for Wellness and Resilience. Take the time to review the 5 Pillars it was recently released as CAPP 80-4 on 3 APR 2020

https://www.gocivilairpatrol.com/media/cms/CAPP_804_58A6566D3AF9D.pdf

"The five pillars are Mind, Body, Relationships, Spirit, and Family. They represent the focus areas that contribute to our personal level of "wellness." This personal wellness enables us to operate at our best, sustaining us during times of stress and making us resilient to the difficulties of life. This helps us to be successful as CAP Volunteer Airmen." (Maj. Gen. Mark Smith)



"Excelling in service to our nation"

"Excelling in service to our members"

A Civil Air Patrol member living in wellness with resilience



"ONE CIVIL AIR PATROL"

Emotionally Aware	Fitness	Communication	Values	Identity
Learn	Rest	Connectedness	Perseverance	Affection
Adaptability	Nutrition	Social Support	Perspective	Legacy
Decision Making	Recreation	Teamwork	Purpose	Priority

Civil Air Patrol Five Pillars of Wellness and Resilience

"One Civil Air Patrol excelling in service to our nation and to our members!"

Here are some other ideas:

- Get a wingman and communicate with them on a regular basis. I have a few wingmen in my life that are invaluable and a great way to help cope and they got my back just like I watch their back.
- Force yourself to slow down and relax, doing something that brings you joy and can remove you at least for a little bit from the stress.
- Try to keep a regular schedule. It is easy to forget what day of the week it is when you never leave the house and possibly stay up way too late. Go to bed at a reasonable hour.
- Try not to fall into the trap of information overload. It is important to know the "new" news of the day from official channels but getting pulled into endless news cycles can be stressful.
- Eat a balanced diet and try not to use eating (too much) as a coping mechanism.
- Listen to music or a podcast or read a book.
- Exercise!
- Focus on something to make you think about something else liking working on a puzzle or brain teasers.
- Stay tuned into you CAP Family. Attend virtual meetings, text, call etc. to stay connected.
- Be hopeful and make plans for future events when this crisis has passed.
- If you feel you cannot shake your fear or burden of worry reach out to someone you trust and discuss it. Chances are you are not alone and discussing things should bring some relief.
- Believe in yourself WE will make it through this crisis

Together We ALL Succeed
Col Dempsey
IL Wing Commander



From the Chaplain



Peace and encouragement to each of you as we journey through a place in life that we have never experienced. I know that many of us may have lost love ones by the Coronavirus 19. However, I want to express to you in our darkest hour in our lives, there are a few words such as love and hope that may help fill some of the voids that this virus is leaving behind. In this pandemic time, it is making all of us soldiers in the struggle against an enemy that can't be seen, but only felt through the shedding of tears in its aftermath. In fighting an enemy that can't be seen it is our hope and the ability to persevere, that will make us victorious in the end. My grandson asked me "When will this virus leave us along"? I responded "When a vaccine is discovered or it retreat into a dominate state by performing the things that we are requested by doctors to do". He stared at me, before walking away. I know, that there are many things in our lives that we may not understand. Too these things only time may be the answer. Many of us may have questions, which seem like no one can answer, but I can speak from experience that time will answer all questions. The only thing we can do at times is hope and seek.

I know, the most important tool that one can carry in ours tool pack is hope. It is hope, that motive us to seek height that has been deemed impossible to accomplish. In this pandemic time lets us never lose hope regardless of the odds that may be against us. We must hold on and bear witness that nothing can defeat us as long as we remain united and willing to go the last mile. It is the last mile, which is the most difficult. However, it is the last mile that bring us joy in the midst of our hope.

Peace to each of you

The Illinois Wing joins our neighboring volunteer airmen in the Indiana Wing in extending our deepest sympathies to INWG CC Col. Bob Freese on his mother's passing on April 3rd due to complications with COVID-19. We all hold the Freese family in our thoughts and prayers during this difficult time. Included is a link to her obituary where service details and notes of sympathy may be shared.

<http://www.meyersfh.net/obituary/kathryn-freese-conrad>

We are saddened to learn of the passing of Lt Col Richard Miller's wife Michelle Albani Miller. Please keep Lt Col Miller, our Wing Director of Personnel, in your thoughts as he navigate through this difficult time.

Chaplain Le'on Willis, Major

Illinois wing

(708)2202500

lmwillisi@yahoo.com

Lt Col Ray Johnson the founder of Johnson Flight Academy has passed away.





BIOGRAPHY

Civil Air Patrol

United States Air Force Auxiliary

Lt. Col. Raymond Johnson

Lt Col, Raymond Johnson's current assignment in the Arizona Wing is External AEO. This biography primarily emphasizes his Aerospace Education involvement over the past 50 years.

1952-57 Minnesota Wing Staff-Director Cadets and Aviation Education.

1958-94 Illinois Wing Staff--- Executive Director. As head of the Illinois State Aeronautics Agency's Chicago Office. He was responsible for Civil Air Patrol and the coordination of Aerospace Education with the State Office of Education. Also, Aviation Disaster Relief activities.

During this period he chaired numerous committees and task forces to advance Aerospace Education both in schools and informal organizations. Organized CAP volunteers to be integrated into the planning and implementation of the long-standing statewide efforts. Almost a thousand teachers benefited from the institutes co-sponsored by CAP including orientation flights.

He was the Director of the Aerospace Education Teachers Summer Workshop at the National- Louis University, Evanston Illinois, from 1963 to 1968. This started after completing his Masters Degree in Education with an Aerospace Education emphasis. He also served on a number of CAP Regional and National Education related committees.

From 1995 to present he is a member of Arizona Wing AE staff and a member of the Prescott Squadron 206.

Other Activities included :

Board member/Officer: National Council for Aviation Education - 1960 to 1966.

National Aerospace Education Association - 1967 to 1976.

American Society Aerospace Education - 1976 to 1992

Charter Member - National Coalition for Aerospace Education from 1988 to Present.

Authored several publications on Aerospace Education Techniques for Education.

1969' 1988 Member National Association State Av. Officials Education Committee.

1964-68 Aerospace Editor of a 14 volume "Illustrated Encyclopedia of Aviation and Space"

1968-69 Associated Editor "Introduction to Aerospace Education". A source book for teachers.

1983 Adjunct Education Staff- US Air & Space Bi-Centennial Commission.

1988 -Present Chairman of Education Committee* National Aeronautic Association

1992 -1998 US Delegate - Federation Aeronautique International Education Commission.

Aerospace Education Awards & Recognition

Induction into the National Hall of Honor for Distinguished A/S Educators (ASAE),

1981 - Induction into NCASE Crown Circle.

1987 - Paul Tissaandier Diploma - (FAI).

1987 - National Administrator's Award for Excellence in Aerospace Education (FAA).

1994 - Frank G. Brewer Trophy (NAA).

King of the Rock – July 10-12

Currently, this event is still taking place and we are excited to continue the selection/ planning process!

Staff Needed

The ILWG is the proud sponsor of this years' King of the Rock (KOR) event and preparations are well under way for what promises to be a great time had by all.

Currently we are in need of Staff to ensure a successful event. Signing up to assist in any of the following areas can be beneficial in:

- Obtaining your next promotion
- Learning new leadership skills
- OR simply using the leadership skills you currently have and being part of what promises to be a fun, educational and successful event!

CURRENT 2020 KOR STAFF NEEDS:

- 1 Assistant Director – Senior
- 2 Safety Officers – Seniors (Lead and assistant – perhaps in addition a cadet for purposes of shadowing)
- 2 Medical Officers – Seniors (Lead and assistant)
- Logistics Officer – Senior & Cadet – (Cadet for purposes of shadowing)
- Finance Officer - Senior & Cadet – (Cadet for purposes of shadowing)
- Comms Officer – Senior & Cadet – (Cadet for purposes of shadowing)
- 2 Fire Watch Officers – Senior & Cadet
- Public Affairs Officer – Senior & Cadet
- KOR Commander – Cadet
- KOR Deputy Commander – Cadet
- KOR 1st Sergeant – Cadet

If you or someone you know who would be perfect for any of these positions, please sign up at <https://forms.gle/VACMGTiJLk9ND1M98> **deadline for registration is April 30th!**

Once interest is expressed and selections are made, you will be notified on next steps in the preparation process.

PLEASE NOTE, REGISTRATION will open in June; please keep watch for further information as space will be limited this year.

We are excited to be part of this years' KOR and look forward to working with many of you in making this a safe, exciting on many fronts and successful event. Should you have any questions or need more information to assist you in selecting a role, please reach out to one of us. Thank you
Regards,

1st Lt. Tim Richardson ~ KOR DIRECTOR
Cornelius R. Coffey Squadron
(C) 708.439.7387

Maj. Maria Prekop ~ KOR Commandant
Lewis Composite Squadron
(C) 312-259-6851

The trophy is missing some past winners. If you can help with updating the trophy please contact Maj Prekop. THANK YOU!



From the IG. So far all SUI or inspections are on hold until released from NHQ. That does not mean units already inspected do not need to correct any discrepancies. For EOHO (eyes on hands on) a photo of that item(s) will do.

Cadet goals can still be drawn up with phone calls as groups. This is one way to keep everyone involved. Allow everyone to input what their units should strive for once this is over.

I am still sending letters out so units know when their dates are in case NHQ lifts the inspection shut down.

Lt Col Steven K. Weber, CAP
Illinois Wing Inspector General
(C) 847-830-9202

Google Meet is the Commercial Web Meeting tool from Google, and it is free to us as one of the many tools in our ILWG GSuite account.



Login in is easy, <https://meet.google.com>

Sign in with your ILWG email account, and it can handle all the participants you need for Virtual Meetings for your Squadron, group, or training session.

Give it a try, its included in our Wing Account with Google, as part of the ILWG account, so it is free for you to use.

Information on how to use Google Meet is here: <https://support.google.com/meet/answer/9302870?co=GENIE.Platform%3DDesktop&hl=en>

Who can use this tool, Squadrons for Virtual meetings, Groups for their meetings. Squadron, Group, Wing Staff for departmental meetings, or training sessions. ES Staff for ES training. ES staff and IC's for meeting within the ES frame work, even at missions.

It offers two versions, and you will choose as you start a meeting, web meeting, or Webinar. Just use your ILWG email as the login.

The user manual link is above, try it I hope you like it, the alternative is also available WebEx offers a free version, not a free trial, a free version of their product too.

Experiment with your Virtual meetings send it to your Group Commander, and he will help spread best practices to others on how to use the tools.

Group Commanders share what you hear about best practices up the chain and to other Group Commanders and with [Lt Col Paul Hertel](#), as well, so that information can be included in the Newsletter too.

Lt Col. John W. Fletcher, CAP
IL Wing Vice Commander
(H) 1-630-869-6025
(C) 1-630-943-8635

AEO's and AEM's being stuck inside doesn't mean that Aerospace Education should stop. CAP has quite a few AEX manuals that you can assign one or two activities a week allowing them to work towards the AEX award. They can also work on their AE manuals also.



If you are looking for something different NASA has quite a few sites with in home activities, several sites are:

1. NASA Explore- 50th Anniversary Apollo 13 Activities.
2. Learning Space with NASA at home. <https://www.jpl.nasa.gov/edu/>
3. www.surveymonkey.com/5/G577FQ3.

If you do not have the manuals and need some suggestions on things to do feel free to contact me.

[Lt Col Art Urban](#) DAE
ILWG CAP
217-317-1532

CADET PROGRAMS

During this interesting and historical moment in time I wanted to reach out to all who assist or are participants in the Cadet Program. We as leaders in both the Senior and Cadet ranks have had to make many adjustments to how we lead our programs. As the wing Cadet Programs Development Officer I am very interested in how each unit has rose to the challenge.

As a Deputy Commander for Cadets at the local unit it has definitely opened my mind to the possibilities going forward into the future. Currently at the local unit we hold WebEx meetings during our normal meeting time and I have created a Google Classroom for our unit to get information out in a platform that nearly all our Cadets are familiar with. Did you know that you could set one up for your Unit as well? All you need is a ILWG email address. I also send group emails to our Cadets for those who have not yet

participated in the Google Classroom. I have found that our meetings have been successful and that attendance has been consistently higher than I had anticipated. So, what are you doing at your unit? CAP NHQ has some great information and suggestions on virtual meetings:
<https://www.gocivilairpatrol.com/covid-19-information-cena>.

I know that there are times that Cadets are involved in after school or extracurricular activities that conflict with meetings. This has got me thinking. Offering virtual meetings of actual meetings, webinars, etc., to Cadets so they can continue their training might not be a bad idea. There are so many possibilities out there. What ideas do you have?

As leaders of the Cadet program I ask you to share your knowledge with one another. We are one CAP and together we can all make a difference.
Feel free to email me at vespinili@ilwg.cap.gov.

Capt Valerie Espinili, CAP
Squadron Deputy Commander for Cadets
Officer vespinili@ilwg.cap.gov

Col Shorty Powers Composite
Illinois Wing Cadet Programs Development

Cadets who are interested and looking for something to do can go to: aviation101.org
They can create a FREE account and take a full basic ground school from **Embry-Riddle**. I will be assigning the cadets in IL282 to this program as an Aerospace Education project. I have previewed the videos and it is an excellent program. **Did I mention it is FREE?**

Capt. David B. Hooper
GLR/IL282 : ILDOV
DHooper@ilwg.cap.gov
(c) 847-309-8326

Summer Encampment 2020 STILL ON!!

After a lengthy discussion with Wing leadership, we have decided to continue planning for Summer Encampment 2020. As we all know, the COVID-19 pandemic continues to change our lives daily. With that being said, we feel that with Summer Encampment being slotted for 1-8 AUG 2020, we have a good chance of things being returned to a somewhat normal environment.



With the Encampment being held so late in the summer, our timeline for applications has shifted. We expect to open Cadet Cadre applications around the middle of April and open the student applications in the first half of May. In addition, we are following suite with Spring Encampment in utilizing CampDOC for our registration system this year. While the Spring Staff is familiar with the software, it will be a learning curve for us. Expect more information about the application procedures in the coming weeks.

If cadets had applied and were accepted to serve as Cadet Cadre members for Spring Encampment, they will be guaranteed a spot on the Summer Encampment staff due to the cancellation of Spring 2020. I will have more information for those interested cadets when the application process opens.

Senior members interested in serving in Summer Encampment volunteer roles should submit an email to me with your intent to serve.

If you have any questions or concerns, please feel free to reach out. Thank you for your continued support of Illinois Wing Cadet Programs and Summer Encampment.

Capt Gabriel C McDowell
Commander
Illinois Wing Summer Encampment
(C) 217.971.0257

I am proud to announce the addition of Major Maria Prekop, Commander of Lewis Composite Squadron to the Illinois Wing Diversity and Inclusion staff. Major Prekop brings much experience and expertise as all of our members do.

Major Jaquelyn Rounds
Wing Diversity and Inclusion Officer

Illinois

We have a placard to be placed in our COV's indicating the vehicle was safety checked and sanitized but also reminding all drivers their responsibility to sanitize the vehicle before and after use. I have attached the placard to this e-mail. Please make about six copies to place in your vehicle. If you cannot print them yourself contact Debbie the wing administrator and ask her to print and mail some to you.

The driver will enter their name and date after using the vehicle and place placard on the inside of driver side window, a new driver will remove before driving vehicle.

It is not necessary to make a special trip to your vehicle to place these in the vehicle.

Continue to emphasize to any driver that uses a COV their responsibility to sanitize the vehicle before and after use.

Lt Col Robert Taylor, CAP
Illinois Wing Transportation Officer
(C) 847.606.6884
rtaylor@ilwg.cap.gov



MISSION READY

VEHICLE # _____ WAS SAFETY CHECKED AND SANITIZED

ON _____ BY _____

DRIVERS REMEMBER TO SANITIZE THIS VEHICLE BEFORE AND AFTER USE. PAY ATTENTION TO HIGH TOUCH SURFACES (HANDLES INSIDE AND OUT, STEERING WHEEL, SWITCHES ETC) REMOVE ALL PERSONAL GEAR INCLUDING TRAVEL MUGS AND REFUSE.

FOR KEYS OR QUESTIONS CONTACT VEHICLE MANAGER _____
or ILWIG LGT LT COL ROBERT TAYLOR at rtaylor@ilwg.cap.gov

DRONES!

sUAS technician or pilot SQTRs were added in Ops Quals. You can find all the training materials here:

<https://www.gocivilairpatrol.com/programs/emergency-services/small-unmanned-aerial-systems-operations>

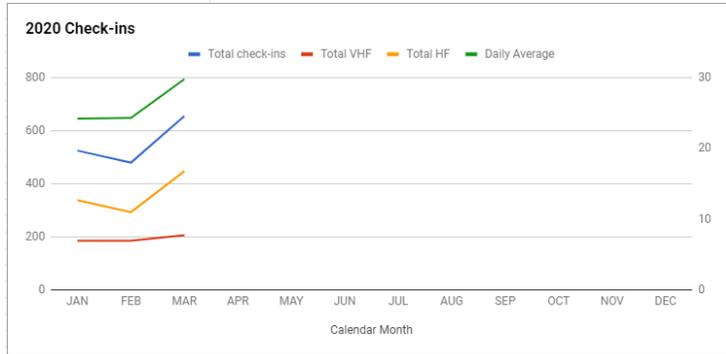
Emergency Services Training

Illinois Wing is creating a mission to be used to conduct virtual training for ES qualifications to be used while we are restricted from conducting in person training. This will be a virtual tabletop environment where members can interact with a SET to demonstrate their abilities to perform some of the advanced tasks that can be done in this environment. We have gone through the task guides and identified those tasks that can be accomplished this way. When the documentation is complete and the mission is opened we will share the details on how to take advantage of the training opportunity. Groups and squadrons can use this mission following the guidelines that will be provided.

Lt.Col. Lawrence J. Hebda, CAP
Emergency Services Officer (DOS)
Illinois Wing Civil Air Patrol
lhebda@ilwg.cap.gov
(630) 244-0769

What are you doing with your free time?

It seems many of us suddenly have some free time available. Not having to commute to work is kind of nice, assuming you are working from home. So what are you doing with that extra hour or two a



day?

Of course, I'm going to suggest you use your radio! If you are in the Chicago area and are in reach of any of the four area repeaters, a reminder that there is a net conducted every week day at 1900 CT or shortly thereafter as we work through each one. There are nets on the St Louis repeater too if you happen to be close enough.

If you have an HF radio, there are many opportunities. In Illinois, we have two wing nets Monday through Friday at 1630 and 1830, and we also run the GLR net at 0830. There are national nets every weekday and I've yet to hear another wing or region object to someone from outside their territory check into their nets. Recently, an "activity net" was also added that changes every week. So if you are on HF, you can find several opportunities every day of the week if you want. You can find the complete national schedule of nets in the Communications section of eServices.

But what if you are not in the Chicago area or don't have an HF radio? Maybe now is a good time to start your own net! It doesn't require a repeater, you just need to be in range with at least one other VHF radio operator. Decide on a schedule and which channel to use and you are ready to go. But don't just say "hi" once in a while and call it quits - find or make up some formal messages to practice sending and receiving them. If you want some examples let me know - we have plenty! If you want to use a repeater, that's fine too but we need to coordinate those so please contact me in advance and we'll work through that process.

Some of you are already doing this - there is a very substantial increase in net participation across the board in Illinois since the beginning of the year:

As you can see, in March we took a big jump compared to January and February. We are only part way through April and we are on track to be higher than March, so everyone please keep it up. We are working on sending out some Illinois specific formal messages from time to time as well.

So don't be bashful, this is a great opportunity to participate and get some experience. If you join ANY net and want some practice receiving formal messages, you can always ask the net control station for the most recent Intercom message - those usually are distributed once each week but you can ask for them any time. Just make sure you have a blank CAP Form 105 handy (paper or electronic - your choice).

If you have questions or want some sample messages feel free to email me directly.

And for those of you who participated in the Wing Communications meeting recently, the participation letter will be sent out shortly to everyone who responded.

Lt Col Robert Becker, CAP
 IL Wing Director of Communications
 (C) 630.631.7186

Professional Development

There are changes coming to how the PD program is delivered. There will now be more of a focus on leadership. The first two levels will be the Onboarding and Learning phases. Levels III - V will be the Leadership phases with each phase introducing higher level training to eventually work up to region and national levels of responsibility. Instead of the in-classroom courses that were in the legacy program, we will have two options to complete courses: either in the computer-based modules or in a classroom setting. We have 3 1/2 months left before the new PD program begins. Please take this time to complete the level you are currently working on and to discuss your progress with your unit's PDO.



Due to COVID-19, there have been many course and conference cancellations. This has led to virtual options being made available. For RSC, those of you who need it Northeast Region (NER) is now offering a virtual course. Registration closes 10 May and the courses will run from 19 May - 30 Jun meeting twice weekly. Registration will fill up quickly so don't wait too long to register. <https://ner.cap.gov/rsc/> **UPDATE:**

North Central Region (NCR) has rescheduled their region conference to be 22-24 May 2020 and will be held virtually. Those who attend at least 80% of the conference will receive PD credit for conference attendance. <https://www.eventbrite.com/e/2020-north-central-region-and-kansas-wing-conference-tickets-87420361655>

The online SLS and CLC courses are full and have a waitlist. Virtual courses are in the process of being planned, dates TBA. I am looking for course directors and instructors. I currently have two SLS courses being planned and I need to start planning for CLC. If you are interested in assisting with either or both courses, contact myself, 1st Lt Jamie Hiles, at pd@ilwg.cap.gov. I am working on creating virtual classrooms to use alongside GoToMeeting, Zoom, or whichever meeting platform you would like to use. As courses are scheduled I will make announcements going forward and will add them to the ILWG PD calendar. <https://ilwg.cap.gov/members/wing-staff/professional-development>

Please check the PD calendar periodically as I'm updating it often with new training opportunities. This includes courses and conferences both in and out of Illinois Wing. Registration links are also listed in the calendar. PDO's, please remember to refer your unit members to the calendar as they progress through the levels. This is a great resource to assist you in mentoring your members.

Group 1 is hosting a virtual SLS 9 May 0800-1600. The course director is 1st Lt Julie Moses. Her contact info for course questions is jmoses@ilwg.cap.gov. The course registration is: <https://docs.google.com/forms/d/e/1FAIpQLSFBFfxs65UCXdlUHs3QpR3n5gDvmbwbczRe9cSLPKyJgAWKEg/viewform>. Registration closes 1 May 2020.

1st Lt Jamie Hiles, CAP
Illinois Wing, Director of Professional Development
(C) 325.733.6530

Members of the Illinois Wing

Springtime is here and the flowers are beginning to blossom. Use this time to go outdoors and exercise while maintaining the guidelines set forth by our government. Springtime is also the beginning of the severe weather season. As a lightning strike survivor, I can personally attest that the experience is not enjoyable. Here are some safety tips from FEMA on the subject.



BE PREPARED FOR A THUNDERSTORM, LIGHTNING, OR HAIL

Lightning is a leading cause of injury and death from weather-related hazards.

FEMA
FEMA V-1009/May 2018

Thunderstorms are dangerous storms that include lightning.

SOFT HITTER

Include powerful winds

Create lightning and hail

Cause flash flooding and tornadoes

IF YOU ARE UNDER A THUNDERSTORM WARNING, FIND SAFE SHELTER RIGHT AWAY

When thunder roars, go indoors.

Pay attention to alerts and warnings.

Move from outdoors into a building or car.

Unplug appliances.

Do not use landline phones.

HOW TO STAY SAFE WHEN A THUNDERSTORM THREATENS

Prepare NOW

Know your area's risk of thunderstorms. They can occur year-round and at any hour.

Sign up for your community's warning system. The Emergency Alert System (EAS) and National Oceanic and Atmospheric Administration (NOAA) Weather Radio also provide emergency alerts.

Identify sturdy buildings close to where you live, work, study, and play.

Cut down or trim trees that may be in danger of falling on your home.

Consider buying surge protectors, lightning rods, or a lightning protection system to protect your home, appliances, and electronic devices.

Secure outside furniture.

Survive DURING

When thunder roars, go indoors. A sturdy building is the safest place to be during a thunderstorm.

Pay attention to weather reports and warnings of thunderstorms. Be ready to change plans, if necessary, to be near shelter.

When you receive a thunderstorm warning or hear thunder, go inside immediately.

If indoors, avoid running water or using landline phones. Electricity can travel through plumbing and phone lines.

Protect your property. Unplug appliances and other electric devices.

If boating or swimming, get to land and find a sturdy, grounded shelter or vehicle immediately.

If necessary, take shelter in a car with a metal top and sides. Do not touch anything metal.

Avoid flooded roadways. Turn Around Don't Drive™. Just six inches of fast-moving water can knock you down, and one foot of moving water can sweep your vehicle away.

Be Safe AFTER

Listen to authorities and weather forecasts for information on whether it is safe to go outside and instructions regarding potential flash flooding.

Watch for fallen power lines and trees. Report them immediately.

Take an Active Role in Your Safety

Go to Ready.gov and search for thunderstorm, lightning, or hail. Download the FEMA app to get more information about preparing for thunderstorm, lightning, or hail.

FEMA

Look at this old death trap.

Probably, it was occasionally able to get off the ground. Though for how long, I have no clue.

Why did people risk their lives in such contraptions? I don't know about you, but I'm glad they did.

Why?

So we could have CAP meetings via Zoom.

Say *wha-a-at?*

Think about it, every time an intrepid soul climbed into those rickety flying machines, he or she thought of ways to improve and advance aviation technology. It was barely fifty years after planes were introduced en masse during WWI that satellites were lifted into space. Thanks to the curiosity, intelligence, concern and downright stubbornness of folks who wouldn't quit, not only can we fly safely, but we can meet about flying virtually.



During your next Zoom CAP meeting, salute our courageous and determined forebears.

Maj Jill Paulson, Chaplain
Lake County Composite Sq

Public Affairs!

"TikTok is an iOS and Android social media video app for creating and sharing short lip-sync, comedy, and talent videos." The Departments of Defense, Department of Homeland Security and State Department have all banned the use of TikTok on government devices. <https://www.cap.news/tiktok-or-not/>
Everyone needs an "Elevator Speech"



"Civil Air Patrol is a premier public service organization in America today – saving lives, and shaping lives. We fly more than 90% of the inland search and rescue missions tasked by the Air Force. We fly critical search and rescue, drug reconnaissance and disaster relief missions for the US Air Force, FEMA, law enforcement, and other agencies at the local, state, and national levels. We save, on average, 100 lives per year. "

Think about your own experiences, training, and education. Tell your "interviewer" what YOU have done and seen. Let the person know what Civil Air Patrol is doing for citizens. You may or may not end up recruiting a new member as a result, but you will have enhanced CAP's ability to do its job when you have shared its purpose and capabilities with the public.

Please do not refer to Civil Air Patrol as "Cee Aay Pea" or cap or "The Civil Air Patrol". Please say Civil Air Patrol. Civil Air Patrol is the Auxiliary of the Air Force The one and only. There is no "Official Auxiliary"

I challenge everyone to "Like" your units and Wing Facebook Pages and SHARE posts to your personal page, goings on at your squadrons and Illinois Wing.

Facebook demotes duplicate content. The "copy and share" method is a tactic of fake news and copyright violators. There should not be duplicates of the same photo or video on different pages and groups. Click [HERE](#) for one article that talks a little about this.

At your service,

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